

Sawhney Joins Devotees in the Shiv Mahapuram Katha in New Plot, Jammu East

GY CORRESPONDENT JAMMU, JULY 28 Senior Congress leader and Former Minister Jammu and Kashmir Yogesh Sawhney on Monday visited the ongoing spiritual event - Shri Shiv Mahapuram Katha - being held at the ancient Shiv Mandir, Gali No. 16, Jawahar Nagar, New Plot, Jammu East. The religious gathering, which is being graced by Katha Vyas Pandit Shri Amit Madhav Ji, has drawn devotees from across the region for a week-long celebration of Lord Shiva's divine teachings and stories from the Shiv Mahapuram. Sawhney, joined the Congregation on Monday, offering prayers and floral tributes to Lord Shiva. The event, scheduled for July 21 to July 29, has been organized as part of the holy Shrawan month celebrations. On his visit, Sawhney was seen participating in the



importance of maintaining Jammu's rich religious heritage and supporting events that nurture spiritual consciousness among the youth and society at large. "It is a blessing to witness such dedication among our people towards Dharma and Sanatan culture," he said. He also commended the organizers and volunteers for their efforts in conducting the program with devotion and discipline, and urged the people of Jammu to continue fostering unity and faith through such meaningful gatherings. Sawhney was accompanied by other Congress leaders including Nageshwar Narayan (Block President), Sonu Kumar (District General Secretary), Sh. Ashok Sharma (District General Secretary), Yashpal Sangral, Rajesh Paul, and others.

Grand Welcome to Shri Budha Amarnath Yatra at Kameshwar Temple, Akhnor - Devotees Gathered in Large Numbers on Sawan Monday

GY CORRESPONDENT AKHNOR, JULY 28 On the auspicious Monday of the holy month of Sawan, a grand welcome was organized for the Shri Budha Amarnath Yatra at the historic Kameshwar Temple in Akhnor. Devotees performed rituals and sought blessings of Lord Kameshwar, receiving Prasad with devotion and reverence. A total of 832 pilgrims arrived in 19 vehicles from Jammu, while 4 more vehicles joined from Akhnor, forming a large convoy of faithful participants. On this spiritually significant day, hundreds of local devotees also gathered at the temple premises to welcome the yatra. The programme was presided over by Mahamandaleshwar



Mahant Rameshwar Das Ji Maharaj. Among the dignitaries present were Saint Dr. Satyanarayan Das, MLA Akhnor Mohan Lal Bhagat, President of Brahmin Sabha Akhnor Suresh Magotra, Vice Chairman of DDC Suraj Singh Bhatt, Former Vice Chairman of Farmers Advisory Board Daljit Chib, SP Rural Brijesh Sharma, SDPO Varinder Gupta, DSP Vipin Singh, District BIP President Kuldeep Sharma, and senior leader Ashok Mahajan. Volunteers from Bajrang Dal and Vishwa Hindu Parishad organized a bike rally from Dumi to the temple, adding to the fervour of the celebration. A free medical camp was organized by Bharat

Vikas Parishad, providing health check-ups to pilgrims and locals. After the darshan, a special breakfast was arranged for all present. The event concluded with MLA Mahan Lal Bhagat, Mahant Rameshwar Das Ji, and SP Rural Brijesh Sharma jointly flagging off the Yatra towards the sacred Budha Amarnath shrine.

Nag Panchami Festival on 29 July, Tuesday: Mahant Rohit Shastri, Jyotishacharya One should not dig the earth on the day of Panchami.

GY CORRESPONDENT JAMMU, JULY 28 In our scriptures, lunar dates (tithis) are considered highly significant. The deities associated with specific tithis are best worshipped on those days for fulfilling wishes and receiving divine blessings. The presiding deity of the Panchami tithi is the Nag Devta (Serpent God). Hence, worshipping serpents on this day removes fear, diseases, and the ill effects of Kaal Sarp Dosh. Mahant Rohit Shastri, Head of Shri Kailash Jyotish avim Vedic Sansthan Trust, stated that the festival of Nag Panchami is celebrated on Panchami tithi of the Shukla Paksha (waxing phase) in the month of Shrawan. According to the Panchang this year the Panchami tithi of Shrawan Shukla Paksha begins on Monday, 28 July at 12:25 PM and ends on Tuesday, 29 July at 12:47 AM. Since the Panchami tithi prevails during sunrise on



29 July, the Nag Panchami festival will be celebrated on Tuesday, 29 July 2025. However, there are regional variations in observing Nag Panchami. For instance, it is celebrated on Shrawan Krishna Panchami in Rajasthan and Bengal, on Shrawan Shukla Panchami in North India, and some people in Jammu (Duggar Pradesh) observe it on Rishi Panchami of Bhadrpada Shukla. Still, the festival is most widely observed on Shrawan Shukla Panchami. Nag Panchami teaches us that all creatures are

respected in India, as the balance of nature depends on the coexistence of all beings. In Hinduism, serpents have been revered since ancient times. Therefore, we must protect snakes and not harm them without reason. If a household has a serpent idol, it should be worshipped; otherwise, a snake can be made from pure clay and worshipped. If there is a snake's burrow (naag baamb) nearby, one may offer a coconut, milk, sweets (roiti), flowers, garland, and donation. On this day, chanting the mantra helps in neutralizing the effects of snake venom. On this festival, people purify house walls with red ochre (geru), draw square diagrams using coal and ghee paste, care serpent figures within it, and perform the ritual worship. In some places, the serpent figures are drawn on paper or with sandalwood paste. After the worship, Brahmins are fed, and the needy are

Soulful Bhajan Sandhya by Jasmeet Kaur at Panjvaktra Mahadev Mandir

GY CORRESPONDENT JAMMU, JULY 28 As the sacred month of Sawan unfolds, the ancient Panjvaktra Mahadev Mandir in Jammu continues to draw scores of devotees through its spiritually uplifting Bhajan Sandhyas held every Monday. This week's soulful evening featured Surmani Dr. Jasmeet Kaur, a distinguished classical vocalist whose powerful yet serene renditions of devotional bhajans stirred deep spiritual emotions among the audience. An A-Grade artist of Akashvani and disciple of the celebrated duo Pandit Rajan and Sajan Mishra, Dr. Kaur is the daughter of a renowned singer Sudarshan Kour Keerti. Her expressive performance, rooted in the rich Hindustani classical tradition, brought contemplative depth and spiritual calm to the Bhajan Sandhya.



The evening also witnessed delightful performances by Mohit and Krishna, promising young classical singers from Rangyug Sangeet Vidyalaya, who are currently training under Guru Ashutosh Magotra and Guru Pankaj Pradhan. They captivated the audience with their sincere devotion and blossoming artistry. Their renditions showed their hard work, dedication and growing confidence in classical music and the audience appreciated them with warm applause. Expert musicians Pankaj Pradhan and Deep Sehgal (Harmonium) Parshotam Kumar (Pakhawaj), Rakesh Anand (Flute), and Dr. Vinay and Kam ji (Tabla), Harsh Kapoor on Guitar accompanied the bhajans, weaving soulful rhythms that elevated the devotional experience for the gathering. The program commenced with traditional invocations, including Ved Vyas Stuti and Vedic

mantra chanting by students of the Panjvaktra Mahadev Ved Pathshala, reflecting the temple's ongoing efforts to inspire the younger generation towards spiritual heritage. Suresh Kumar Sharma, Receiver, Panjvaktra Mahadev Mandir, expressed heartfelt gratitude to the artists, devotees and supporters for making the event truly meaningful. He especially acknowledged the commendable performances by young artists who are playing a vital role in preserving and celebrating our rich cultural heritage. He emphasized that this initiative, undertaken by Panjvaktra Mahadev Mandir, celebrates classical music along with all allied devotional art forms, with the aim of nurturing talent and fostering spiritual and cultural values in the region.

PMMVY awareness, enrollment drive held at Thondwa, Faridabad to strengthen maternal health

GY CORRESPONDENT DODA, JULY 28 As part of the ongoing nationwide enrollment drive under the Pradhan Mantri Matru Vandana Yojana (PMMVY) from July 15 to 31, officials from Sankalp Hub for Empowerment of Women (HEW) organized a comprehensive awareness and registration session here at Anganwadi centres Thondwa and Faridabad. The drive was held under the directions of District Social Welfare Officer Tariq Qazi, aiming to educate and enroll pregnant and lactating women for the scheme's financial and nutritional benefits. During the session, detailed guidance was provided on early registration—preferably within the first trimester—to ensure eligible beneficiaries



receive full support. Participants were sensitized about the importance of a balanced diet rich in iron, calcium, and folic acid, the need for adequate rest, and the need for both centres institutional deliveries and timely vaccinations. The initiative highlighted the value of safe motherhood practices and the role of preventive care in reducing maternal health risks. To support smooth implementation, Anganwadi Workers from both centres received training on the technical aspects of registering beneficiaries on the PMMVY portal. The hands-on session

aimed to enhance real-time data updating and ensure proper documentation and tracking of services under the scheme. The training also enabled workers to become more effective in community outreach and service delivery. Aligned with the objectives of Mission Shakti and Mission Poshan, the drive emphasized strengthening healthcare services at the grassroots level. By focusing on early intervention, community education, and inter-departmental collaboration, the PMMVY awareness and enrollment campaign has contributed meaningfully to improving maternal and child health outcomes, empowering rural women and building a healthier society in the region.

Baldev Singh Billawaria released the Punjabi song 'MOH' alongwith J&K BJP General Secretary Gopal Mahajan

GY CORRESPONDENT JAMMU, JULY 28 J&K BJP General Secretary & Former Deputy Mayor Jammu, Baldev Singh Billawaria released the Punjabi song 'MOH' alongwith J&K BJP General Secretary Gopal Mahajan at BJP Headquarters in Jammu supporting local talent and vibrant culture. The lyrics of the song are written by Diljaan Atri, music is given by Chardan Jassu and video is directed by NJ Neeraj. This song is sung by singer Mr. KV while Ashish Gupta and Anamika Chaudhary have acted in this song. The program was organized by J&K BJP Co-Convenor Sanskrit, Art & Culture Cell Sahil Mahajan. The promo of the song had been well received by the audience with its high comments. J&K BJP General Secretary & Former Deputy Mayor Jammu, Baldev Singh Billawaria applauded the efforts of the talented singers and



their team for the wonderful piece of art. Releasing posters of the song, Billawaria appealed to the public to watch and share the song on social platforms. Billawaria said that "Entire team deserves all the kudos for great work and I wish them all the best for a bright future". He said that as a societal family must make an effort to support and nurture young talent which will bring laurels to the whole of Jammu & Kashmir. He said that new opportunities are being opened up

everywhere today for the innovative minds. He expressed his hope that the people of Jammu will appreciate the song and show their love on it. While speaking on the occasion, Gopal Mahajan said that it is good to see that the young talent of Jammu has been coming out to work on the project and congratulated his team for the beautiful video song 'MOH'. He further said that music is a powerful medium of communication and has been a major source of inspiration for several. J&K BJP Co-Convenor

Anti- drug IEC campaign held at multiple venues across district Ramban

GY CORRESPONDENT RAMBAN, JULY 28 As part of the Nasha Mukti Bharat Abhiyan, the District Administration, Ramban successfully organised a series of Information, Education and Communication (IEC) programmes today across various panchayats, urban areas and educational

institutions across the district. The awareness campaigns were held at Panchayat HQ Ganda Adalkote-B (Banihal Block), Panchayat HQ Bheri Neghal (Ramban Block), Panchayat HQ Neel-A (Ramsao Block) and Panchayat HQ Pinglola (Ukhral Block). The programmes also covered educational institutions including Government Polytechnic College Chanderkote-B and Government Higher Secondary School Dalwah along with the Urban Local Body venue at Batote. These programmes aimed to raise awareness about

the harmful effects of drug abuse among youth and the community. The EO MC Ramban, Amarsharan Jambwal, Tehsildar Batote Rejula Mahajan and officers and representatives from the Health Department, Police Department, Education Department, Social Welfare

Department, Excise Department, JKSRM, Women SHGs, RDD & Revenue departments, family welfare and resource persons, actively participated in the events at designated places. An anti-drug abuse IEC campaign was also held at Government Polytechnic

Chandkerote. Principal Vivek Mahajan inaugurated the event, aimed at sensitizing youth about the harmful effects of drugs. The Officers from various departments, along with resource persons, highlighted medical, legal and social consequences of substance abuse.

Students delivered motivational speeches and the programme concluded with a collective pledge to build a drug-free society. The sessions included expert talks, interactive discussions and community engagement activities to sensitise participants about preventive measures and the importance of a drug-free society. The District Administration appreciated the efforts of event coordinators, resource persons and participating departments for their collaboration in making the awareness drive successful.