

Members of Numberdars & Chowkidars' Association of Jammu region hold meeting, urges govt. to solve their problems



GY CORRESPONDENT JAMMU, MAY 6

A meeting of Numberdars/Chowkidars wing of Dogra Sadar Sabha J&K was held under the chairmanship of Th. Gulchain Singh Charak, President DSS today at Sabha Bhawan Dogra Hall, Jammu. A large number of Numberdars / Chowkidars representing different Tehsils & Districts participated in this meeting to discuss the burning issues faced by these grass root institutions. The main issues which came under discussion were low remuneration, deficiencies in uniform of Chowkidars, office accommodation at district and tehsil head-

quarters, identity cards, their representation in District and Block Development Boards etc. But the most deplorable issue that came under the discussion was summarily dismissal of hundreds of Numberdars / Chowkidars by the govt. without assigning any reasons which is a blot on the entire career of their service. They were quite disgusted on account of this indelible mark on their service career as well as they have to face it during their entire lifetime while in the society. Moreover, they were branded as land grabbers also. The prominent among those who spoke on the occasion were Capt. Sardar

Singh president of the Association, Raj Kumar of Hiranagar, Balwant Singh and Channak Singh representing the Rossi and Katra and O.P. Sangra of Koolah. Sh. Charak while addressing the meeting said that all these issues have been brought to the notice of the govt. at different levels such as Chief Secretary, Div. Commissioner and Deputy Commissioners. He said that the Dogra Sadar Sabha has also taken up all these burning issues faced by them with the administration. He further said that DSS was instrumental in enhancing the remunerations of these village level workers and

reiterated the resolve of the Sabha to strive for the mitigation of their problems and further strengthening these grass root institutions. In the end, a committee of the following Numberdars/Chowkidars was constituted to take up their problems at proper forum with Capt. Sardar Singh of Nud as convener, Sh. Raj Kumar of Hiranagar as Gen. Secretary. The other members included Sh. Balwant Singh, Channak Singh of Rossi, Sh. Baldev Raj and Darshan Singh of district Jammu, O.P. Sangra of Kathua district, Mashooq Khan of Poonch district etc. They were also authorized to nominate more members on this Committee representing different Tehsils of Jammu region. Among those who expressed their views in the meeting were Bril Lal, Surinder Singh, Rakesh Singh, Bhagwan Dass, Darshan Singh, Bhushan Sharma, Puranchand Jagdev Raj, Tahal Singh, Ram Chand, Swarn Lal, Karan Singh and others.

BLSKS celebrates World Laughter Day

GY CORRESPONDENT JAMMU, MAY 6

To celebrates the "World Laughter Day 2024" & to promote the Duggar Traditional Culture of J&K, Bhartiya Lok Sangeet Kala Sansthan (BLSKS) staged its 421th Regular Series Dogri Musical play "APUN HASSANA DUEN HASANA" in collaboration with Sangam Tru Art Production as parts of its regular feature program air theatre "Durga Bhawan Jampur Jammu to aware the masses. The programme was inaugurated by the Chief Guest Sh.V.K.Magotra, former regional director, directorate of field publicity, Government of India, Sh.J.K.Raina, Freelancer Producer Director Films, Mukesh Singh, Media Person Jammu, Sh. Rajeev Salotra, Renowned Tabla Player of J&K were the Guest of Honors. Speaking on the occasion Chief Guest said that World Laughter Day is observed on the first Sunday of May. Laughter is the easiest and cost-effective solution for physical, mental, social and spiritual well-being. Every year the World Laughter Day came into existence in 1998, the day was introduced by Dr. Madan Kataria, the founder of the worldwide Laughter Yoga Movement. It is well said that the strongest and most powerful emotion of the living beings called laughter has all healing properties within it. Laughter is the perfect remedy with all the required ingredients for the healthy life. Laughter can change the mental state of its beholders as well the receiver. Based on above facts the concept of Laughter Yoga was introduced world wide and large number of people benefited from this unique curative therapy & he also lauded the role of Bhartiya Lok Sangeet Kala Sansthan and underlined the importance of staging such plays in all parts of the state to generate awareness among the masses about various social evils through theatre/drama which are still very powerful medium of communication. The program was also recorded & uploaded online on Social Media for benefit of the peoples.



produced and directed by Dr.M.L.Dogra, said that World Laughter Day is celebrated across the world with an aim of promoting world peace, brotherhood and friendship among all. This day reminds the society that laughter is the best medicine to ward off dangers of modern day monotonous and mechanized lifestyles. People from different walks of life celebrate World Laughter Day with great enthusiasm, crossing all social, professional and personal barriers. The Formula is very simple -When you laugh, you change and when you change the world changes around you. Inner change is the key to see the change in the outer world. The war in the external world the reflection of the inner war going on in the minds of people. Unconditional laughter has the power to change the inner chemistry and make us feel good inside. When you feel good inside, It changes the perception of outer world. The comedy skits, song & dances present by the artists were "Apun Hassana Duen Hasana", "Oh Jija Kiyana Jana udhumpura", "Panch Pandit Ji Pandit ji sade jagte gi dikho", "Gal meri Suniyo Dyaal Ji fi kariyo zara vichara ji mai parien totke sab kargi", "Jammu Sher sada dogre da sher", the music was composed & assisted by Mr.Raju Bajgal, Renowned Professional Singer J&K.

for betterment of society in his key note address, highlighted the various aspects of play which has been produced in collaboration with Ministry of Culture, Govt. of India and State Government of Jammu and Kashmir with Health department for mass awareness and Every year, people celebrate World Laughter Day this year celebrated on 05th of May 2024. The purpose is to show different sides of laughter and its impact on society. "Laugh Together, Heal Together." is this year's theme. It is about the social nature of laughter. In difficult times, people step forward to support each other and solve problems. It gives everyone a sense of humanity.

Laughing together is more than a celebration. It reminds us of our common humanity and motivates us for good change. There are many different ways to celebrate World Laughter Day. People like to take part in activities like social media campaigns. Or they can participate in comedy events or yoga sessions. The singers, musician, actors and students of music and computer institute who performed in the musical play were Usha Raina, K.K.Joshi, M.C.Kotwal, Raju Bajgal, Rajni Gupta, Kamla Devi, Sudesh Devi Manhas, Chahat Chadha Bindia Okheda, Zulekha Bano, Sanjeev Kumar, Rahul Kumar, and many others presented the enthralled performance at last of the programme Master Deepak Kumar presented vote of thanks for successful conduction of the program.

Channi's remark sets benchmark for India Bloc stooping to new low: Kavinder

Lashes out at Farooq Abdullah for 'speaking in Pakistan's language' on POJK issue

GY CORRESPONDENT JAMMU, MAY 6

Senior BJP leader and former Deputy Chief Minister, Kavinder Gupta has strongly criticized the derogatory remarks made by Congress leader and former Chief Minister of Punjab, Charanjit Singh Channi, regarding the martyrdom of an IAF warrior in the Surankote terrorist attack in Poonch district. He called for an apology from the India Bloc for disrespecting the valor of our brave soldiers.



Kavinder remarked, "Channi's actions, allegedly in the behest of Khalistani elements, not only endangered the Prime Minister's security but also demonstrated a blatant disregard for national interests. It is evident that Congress leaders operate under the influence of foreign agendas, lacking any genuine concern for our armed forces." He reaffirmed the pivotal role of Indian security forces in maintaining peace and stability in Jammu and Kashmir, stating, "The peace prevailing in Jammu and Kashmir today is a testament to the unwavering dedication and sacrifices of our jawans and security agencies." Kavinder asserted that the nation will not forgive Channi for his reprehensible remarks and

called upon the India Bloc leadership to apologize for disrespecting the valor of our brave soldiers. He emphasized the need for all political parties to prioritize national interest above partisan politics, especially in matters concerning the security and dignity of our armed forces.

Meanwhile, the former Deputy Chief Minister has criticized Farooq Abdullah's statement in response to Defence Minister Rajnath Singh's remarks regarding the integration of PoJK with India, stating that the NC leader was speaking in Pakistan's language. "Till now, some extremist leaders of Pakistan said they have an atom bomb. But now, a senior and forefront leader of the INDIA bloc, Farooq Abdullah, has said the same. Even Channi's statement on Poonch tries to hide Pakistan's misdeeds. This is Pakistan's language. As PM Modi said, the INDIA bloc manifesto had an impression of the Muslim League, and their leaders have an impression of Pakistan on them," he added. The senior BJP leader urged the people of Jammu and Kashmir to remain vigilant from such parties and support only political parties aligned with the nation's interests.

Lok Janshakti Party (Ramvilas) extends support to Chirag Paswan in Hajipur Elections

GY CORRESPONDENT JAMMU, MAY 6

Under the chairmanship of Rafiq Malik, State President of Lok Janshakti Party (Ramvilas) in Jammu, Kashmir, and Ladakh (JKUT), a press conference was convened today at the party's headquarters. Addressing a press conference, Rafiq Malik extended hearty congratulations to Chirag Paswan for his spirited participation in the upcoming elections in Hajipur. Rafiq Malik, while addressing the media, expressed the party's unwavering support and enthusiasm for Chirag Paswan's candidacy in Hajipur. He appealed the people of Hajipur Parliamentary Constituency residing in J&K UT to support and vote to an energetic youth leader Chirag Paswan for the progress and development of the Constituency. He also thanked Prime Minister Narendra Modi



for providing responsibility to his full support for his electoral endeavours. Furthermore, Santosh Singh was welcomed back into the fold of the party, assuming the prestigious position of State Secretary General JKUT. "Santosh Singh return signifies a strengthened leadership team and reinforces the party's dedication to its goals and principles," Rafiq Malik said. The press conference was also attended by members of the

Lok Janshakti Party (Ramvilas), including Sanju Bhagat, State Secretary, Shakeel Ahmed, State Joint Secretary, Mahraj Krishan Bhat, State President, Migrant Cell JKUT, Mulik Raj, State President, SC ST Cell, Puraan Chand Malhotra, Parvinder Singh, Jammu Province President, Minority Cell Nirmal, State Senior General Secretary, Mahila Wing JKUT.

GDC Ramnagar organizes yoga session at College Campus



GY CORRESPONDENT RAMNAGAR MAY 6

To celebrate Yoga Mahotsav 2024, a mega Yoga event was organized by Women Development Cell, Govt. Degree College Ramnagar in collaboration with Health and Medical Department of AYUSH, Udhampur to involve students in Yoga Practices and healthy wellbeing. The whole programme was conducted under the able patronship of Dr.

Bhavnaish Chand, Principal GDC Ramnagar. To generate awareness about the holistic nature of Yoga and encourage students to incorporate it into their daily lives for enhanced well-being, a Yoga session was conducted on the theme "Yoga for Women Empowerment". A team of 6 medical staff members from Department of Health and Medical Ayush visited the college and around 50 students performed various yoga asana and pranay-

ama mudras to stay calm, happy and for concentration and focus. Dr. Prayarana Sharma, Medical Officer AYUSH, demonstrated how Ayurveda can help to boost our immunity. She also elaborated the necessary ayurvedic herbs like tulsi, Giloy, Ashwaganda etc. and their proper dosages. Dr Sharma also demonstrated the various breathing exercises and yoga Aasanas for healthy being. Later on, the cam followed with the free con-

sultations checkups of students and staff members. Around 100 female students and staff members were checked and were provided with free immunity boosters like Giloy, Ashwagandha, Chawanprash etc. and required medicines as per their health conditions. Principal GDC Ramnagar, Dr. Bhavnaish Chand, opined that activities like Yoga infuse not only a sense of healthy wellness but a sense of discipline and self reliance among the students also. The event was organized under the guidance of convener WDC, Prof Ashni Devi and the committee members Prof Sumita Rao, Prof Ritika Mahajan and Prof Sonia Raj. Dr. Pankaj Sharma, Dr. Kewal Kumar, Dr. Manmohan Singh, Dr. Piyush Kant, Dr. Nazakat Ahmed also graced the mega event with their presence.

Two Pharmaceutical distributors suspended from operating in Bijbehara

ANANTNAG, MAY 06

An inspection drive led by Assistant Drug Controller Anantnag regarding the implementation of CCTV surveillance and computerized billing systems in medical establishments within tehsil Bijbehara led to suspension of two Pharmaceutical distributors. During the inspection, a team of Drug Control Officers conducted thorough inspections of around 20 medical establishments in and around SDH Bijbehara. The focus of these inspections was to verify compliance with directives regard-

ing the installation of CCTV cameras and adoption of computerized billing systems. The results of the inspection were largely positive, with nearly all chemists having installed CCTV cameras and adopted computerized billing systems within their establishments. However, the operation of two wholesale firms, M/s Jaisaara Enterprises Pharmaceutical Distributors Bijbehara and M/s New Iqbal Enterprises Pharmaceutical Distributors Bijbehara, was temporarily suspended due to non-compliance

with the computerized billing system and other unidentified violations. Following the inspections, stringent directives were issued to all medical establishments in the region. They were instructed to strictly adhere to guidelines regarding the implementation of computerized billing system (CBS) and issuance of computerized cash memos. Additionally, retailers were advised to only accept invoices generated through a computerized billing system from their distributors and suppliers.